

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: 12:45 untill . Teamleadmeeting @ The listed starttimes are indicative!

Coaches: De Waele Lente

Coaches: Kazimoto Barbara HEADCOACH

Coaches: Wielandt Pieter

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 13: 100M BREASTSTROKE MIXED 10-9					Heat:2, starttime: 14:03
Heat: 2/2 Lane : 3 Athlete: VAN HOECKE OONA					Q-time: 01:39:31
PB (25m pool): 01:39.31 Zwembad De Treffer 06/04/2026 PB (50m pool): 01:40.53 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.22		01:39.31	
	00:47.22		00:52.09		
					

Coach feedback:

Event number: 14: 100M BUTTERFLY WOMEN 11+					Heat:3, starttime: 14:10
Heat: 3/4 Lane : 4 Athlete: VAN LOO HANNAH					Q-time: 01:23:80
PB (25m pool): 01:28.06 Zwembad De Treffer 06/04/2026 PB (50m pool): 01:23.80 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.14		01:28.06	
	00:40.14		00:47.92		
					

Coach feedback:

Event number: 15: 100M BUTTERFLY MEN 11+					Heat:1, starttime: 14:14
Heat: 1/4 Lane : 2 Athlete: DE VEERMAN ILAN					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

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Event number: 15: 100M BUTTERFLY MEN 11+					Heat:1, starttime: 14:14
Heat: 1/4 Lane : 3 Athlete: MATAIGNE MICHEL					Q-time: 01:51:01
PB (25m pool): no time PB (50m pool): 01:51.01 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 15: 100M BUTTERFLY MEN 11+					Heat:1, starttime: 14:14
Heat: 1/4 Lane : 4 Athlete: MILLET NOAH					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 15: 100M BUTTERFLY MEN 11+					Heat:2, starttime: 14:17
Heat: 2/4 Lane : 2 Athlete: STEVENS GERBEN					Q-time: 01:33:91
PB (25m pool): 01:33.91 Zwembad De Treffer 06/04/2026 PB (50m pool): 01:35.56 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.42		01:33.91	
	00:40.42		00:53.49		
					

Coach feedback:

Event number: 15: 100M BUTTERFLY MEN 11+					Heat:2, starttime: 14:17
Heat: 2/4 Lane : 5 Athlete: MILLET LUCAS					Q-time: 01:39:19
PB (25m pool): 01:39.19 Zwembad De Treffer 06/04/2026 PB (50m pool): 01:43.96 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.79		01:39.19	
	00:40.79		00:58.40		
					

Coach feedback:

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Event number: 15: 100M BUTTERFLY MEN 11+					Heat:3, starttime: 14:19
Heat: 3/4 Lane : 1 Athlete: TIMMERMANS THEO					Q-time: 01:22:84
PB (25m pool): no time PB (50m pool): 01:22.84 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 15: 100M BUTTERFLY MEN 11+					Heat:3, starttime: 14:19
Heat: 3/4 Lane : 5 Athlete: HOSTE LARS					Q-time: 01:21:41
PB (25m pool): 01:22.68 TEMSE 23/11/2025 PB (50m pool): 01:21.41 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.86		01:22.68	
	00:37.86 00:44.82				
					

Coach feedback:

Event number: 15: 100M BUTTERFLY MEN 11+					Heat:4, starttime: 14:21
Heat: 4/4 Lane : 1 Athlete: STEVENS JAAN					Q-time: 01:07:82
PB (25m pool): 01:07.82 Zwembad De Treffer 06/04/2026 PB (50m pool): 01:09.38 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.23		01:07.82	
	00:31.23 00:36.59				
					

Coach feedback:

Event number: 15: 100M BUTTERFLY MEN 11+					Heat:4, starttime: 14:21
Heat: 4/4 Lane : 2 Athlete: BEERNAERT DAAN					Q-time: 01:04:73
PB (25m pool): 01:05.67 TEMSE 23/11/2025 PB (50m pool): 01:04.73 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:30.63		01:05.67	
	00:30.63 00:35.04				
					

Coach feedback:

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 16: 50M FREESTYLE WOMEN 11+			Heat:5, starttime: 14:28
Heat: 5/13 Lane : 4 Athlete: AKMAN REZZAN			Q-time: 00:36:33
PB (25m pool): no time			PB (50m pool): 00:36.33 SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 16: 50M FREESTYLE WOMEN 11+			Heat:8, starttime: 14:32
Heat: 8/13 Lane : 5 Athlete: DE BOCK AUDE			Q-time: 00:32:47
PB (25m pool): 00:32.47 Zottegem 01/03/2026			PB (50m pool): 00:32.97 SB: no time
	2 5 M	5 0 M	
PB		00:32.47	
	00:32.47		
			

Coach feedback:

Event number: 17: 50M FREESTYLE MEN 11+			Heat:4, starttime: 14:42
Heat: 4/11 Lane : 2 Athlete: MILLET LUCAS			Q-time: 00:32:61
PB (25m pool): 00:33.12 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:32.61 SB: no time
	2 5 M	5 0 M	
PB		00:33.12	
	00:33.12		
			

Coach feedback:

Event number: 17: 50M FREESTYLE MEN 11+			Heat:5, starttime: 14:43
Heat: 5/11 Lane : 4 Athlete: VAN LOO MATHIAS			Q-time: 00:30:74
PB (25m pool): 00:31.29 WAREGEM 27/09/2025			PB (50m pool): 00:30.74 SB: no time
	2 5 M	5 0 M	
PB		00:31.29	
	00:31.29		
			

Coach feedback:

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 17: 50M FREESTYLE MEN 11+			Heat:5, starttime: 14:43
Heat: 5/11 Lane : 6 Athlete: STEVENS GERBEN			Q-time: 00:31:27
PB (25m pool): 00:32.78 WAREGEM 27/09/2025			PB (50m pool): 00:31.27 SB: no time
	2 5 M	5 0 M	
PB		00:32.78	
		00:32.78	
			

Coach feedback:

Event number: 17: 50M FREESTYLE MEN 11+			Heat:6, starttime: 14:44
Heat: 6/11 Lane : 1 Athlete: TIMMERMANS THEO			Q-time: 00:30:33
PB (25m pool): 00:30.33 Temse 31/05/2026			PB (50m pool): 00:29.75 SB: no time
	2 5 M	5 0 M	
PB		00:30.33	
		00:30.33	
			

Coach feedback:

Event number: 17: 50M FREESTYLE MEN 11+			Heat:6, starttime: 14:44
Heat: 6/11 Lane : 3 Athlete: HOSTE LARS			Q-time: 00:29:90
PB (25m pool): 00:29.90 Zottegem 01/03/2026			PB (50m pool): 00:30.07 SB: no time
	2 5 M	5 0 M	
PB		00:29.90	
		00:29.90	
			

Coach feedback:

Event number: 17: 50M FREESTYLE MEN 11+			Heat:9, starttime: 14:47
Heat: 9/11 Lane : 3 Athlete: BEERNAERT DAAN			Q-time: 00:27:14
PB (25m pool): 00:27.33 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:27.14 SB: no time
	2 5 M	5 0 M	
PB		00:27.33	
		00:27.33	
			

Coach feedback:

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 17: 50M FREESTYLE MEN 11+				Heat:9, starttime: 14:47
Heat: 9/11 Lane : 6 Athlete: STEVENS JAAN				Q-time: 00:27:96
PB (25m pool): 00:27.96 Zottegem 01/03/2026				PB (50m pool): 00:28.11 SB: no time
	2 5 M	5 0 M		
PB		00:27.96		
	00:27.96			
				

Coach feedback:

Event number: 17: 50M FREESTYLE MEN 11+				Heat:11, starttime: 14:49
Heat: 11/11 Lane : 3 Athlete: NEYRYNCK TIBO				Q-time: 00:24:46
PB (25m pool): 00:24.46 Sportoase De Watermolen 21/07/2026				PB (50m pool): 00:25.34 SB: no time
	2 5 M	5 0 M		
PB		00:24.46		
	00:24.46			
				

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+				Heat:1, starttime: 14:56
Heat: 1/6 Lane : 3 Athlete: WALGRAEVE AXELLE				Q-time: 99:99:99
PB (25m pool): no time				PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		no time		no time
	no time			
				

Coach feedback:

Event number: 19: 100M BACKSTROKE WOMEN 11+				Heat:2, starttime: 14:59
Heat: 2/6 Lane : 2 Athlete: BOON MARGOT				Q-time: 01:41:23
PB (25m pool): no time				PB (50m pool): 01:41.23 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M
PB		no time		no time
	no time			
				

Coach feedback:

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 21: 50M BREASTSTROKE WOMEN 11+			Heat:5, starttime: 15:27
Heat: 5/7 Lane : 6 Athlete: VAN LOO HANNAH			Q-time: 00:45:41
PB (25m pool): 00:46.79 Sinbad 05/10/2025			PB (50m pool): 00:45.41 SB: no time
	2 5 M	5 0 M	
PB		00:46.79	
		00:46.79	
			

Coach feedback:

Event number: 21: 50M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 15:29
Heat: 6/7 Lane : 3 Athlete: VAN GHELUE RINSKE			Q-time: 00:39:35
PB (25m pool): 00:40.06 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:39.35 SB: no time
	2 5 M	5 0 M	
PB		00:40.06	
		00:40.06	
			

Coach feedback:

Event number: 21: 50M BREASTSTROKE WOMEN 11+			Heat:6, starttime: 15:29
Heat: 6/7 Lane : 5 Athlete: DE BOCK AUDE			Q-time: 00:40:99
PB (25m pool): 00:40.99 WAREGEM 27/09/2025			PB (50m pool): 00:43.98 SB: no time
	2 5 M	5 0 M	
PB		00:40.99	
		00:40.99	
			

Coach feedback:

Event number: 22: 50M BREASTSTROKE MEN 11+			Heat:1, starttime: 15:31
Heat: 1/5 Lane : 2 Athlete: MATAIGNE MICHEL			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
		no time	
			

Coach feedback:

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 22: 50M BREASTSTROKE MEN 11+				Heat:1, starttime: 15:31
Heat: 1/5 Lane : 4 Athlete: DE VEERMAN ILAN				Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time		
	2 5 M	5 0 M		
PB		no time		
	no time			
				

Coach feedback:

Event number: 22: 50M BREASTSTROKE MEN 11+				Heat:2, starttime: 15:33
Heat: 2/5 Lane : 1 Athlete: MILLET NOAH				Q-time: 99:99:99
PB (25m pool): no time		PB (50m pool): no time SB: no time		
	2 5 M	5 0 M		
PB		no time		
	no time			
				

Coach feedback:

Event number: 22: 50M BREASTSTROKE MEN 11+				Heat:5, starttime: 15:37
Heat: 5/5 Lane : 2 Athlete: NEYRYNCK TIBO				Q-time: 00:32:84
PB (25m pool): 00:32.84 Gent 23/02/2025		PB (50m pool): 00:33.31 SB: no time		
	2 5 M	5 0 M		
PB		00:32.84		
	00:32.84			
				

Coach feedback:

Event number: 23: 100M FREESTYLE MIXED 10-9					Heat:3, starttime: 15:43
Heat: 3/3 Lane : 4 Athlete: VAN HOECKE OONA					Q-time: 01:26:72
PB (25m pool): 01:26.72 Zwembad De Treffer 06/04/2026		PB (50m pool): 01:27.54 SB: no time			
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.43		01:26.72	
	00:40.43		00:46.29		
					

Coach feedback:

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 24: 100M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 15:56
Heat: 1/4 Lane : 3 Athlete: BOON MARGOT					Q-time: 02:01:36
PB (25m pool): no time PB (50m pool): 02:01.36 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 24: 100M BREASTSTROKE WOMEN 11+					Heat:1, starttime: 15:56
Heat: 1/4 Lane : 6 Athlete: WALGRAEVE AXELLE					Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 24: 100M BREASTSTROKE WOMEN 11+					Heat:3, starttime: 16:01
Heat: 3/4 Lane : 6 Athlete: AKMAN REZZAN					Q-time: 01:42:04
PB (25m pool): no time PB (50m pool): 01:42.04 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Event number: 24: 100M BREASTSTROKE WOMEN 11+					Heat:4, starttime: 16:03
Heat: 4/4 Lane : 5 Athlete: DE BOCK AUDE					Q-time: 01:30:53
PB (25m pool): 01:31.42 TEMSE 18/05/2025 PB (50m pool): 01:30.53 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:43.19		01:31.42	
	00:43.19 00:48.23				
					

Coach feedback:

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 25: 100M BREASTSTROKE MEN 11+					Heat:2, starttime: 16:08
Heat: 2/5 Lane : 5 Athlete: TIMMERMANS THEO					Q-time: 01:39:43
PB (25m pool): 01:39.43 Temse 31/05/2026					PB (50m pool): 01:46.28 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:47.64		01:39.43	
	00:47.64		00:51.79		
					

Coach feedback:

Event number: 25: 100M BREASTSTROKE MEN 11+					Heat:3, starttime: 16:11
Heat: 3/5 Lane : 1 Athlete: MILLET LUCAS					Q-time: 01:32:51
PB (25m pool): 01:32.84 Zwembad De Treffer 06/04/2026					PB (50m pool): 01:32.51 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:44.33		01:32.84	
	00:44.33		00:48.51		
					

Coach feedback:

Event number: 25: 100M BREASTSTROKE MEN 11+					Heat:3, starttime: 16:11
Heat: 3/5 Lane : 2 Athlete: HOSTE LARS					Q-time: 01:30:88
PB (25m pool): 01:48.25 Nijlen 19/11/2023					PB (50m pool): 01:30.88 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:48.25	
	no time				
					

Coach feedback:

Event number: 25: 100M BREASTSTROKE MEN 11+					Heat:3, starttime: 16:11
Heat: 3/5 Lane : 6 Athlete: STEVENS GERBEN					Q-time: 01:36:83
PB (25m pool): 01:38.27 Zwembad De Treffer 06/04/2026					PB (50m pool): 01:36.83 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:45.80		01:38.27	
	00:45.80		00:52.47		
					

Coach feedback:

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 25: 100M BREASTSTROKE MEN 11+					Heat:4, starttime: 16:13
Heat: 4/5 Lane : 1 Athlete: BEERNAERT DAAN					Q-time: 01:24:05
PB (25m pool): 01:29.10 Sinbad 12/01/2025					PB (50m pool): 01:24.05 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:41.95		01:29.10	
	00:41.95		00:47.15		
					

Coach feedback:

Event number: 25: 100M BREASTSTROKE MEN 11+					Heat:5, starttime: 16:15
Heat: 5/5 Lane : 6 Athlete: STEVENS JAAN					Q-time: 01:16:53
PB (25m pool): 01:18.14 Zwembad De Treffer 06/04/2026					PB (50m pool): 01:16.53 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.96		01:18.14	
	00:35.96		00:42.18		
					

Coach feedback:

Event number: 27: 50M BACKSTROKE MEN 11+					Heat:5, starttime: 16:31
Heat: 5/5 Lane : 1 Athlete: NEYRYNCK TIBO					Q-time: 00:31:85
PB (25m pool): 00:31.82 DENDERMONDE. 23/11/2024					PB (50m pool): 00:32.76 SB: no time
	2 5 M	5 0 M			
PB		00:31.82			
	00:31.82				
					

Coach feedback:

Event number: 28: 100M FREESTYLE WOMEN 11+					Heat:1, starttime: 16:32
Heat: 1/8 Lane : 3 Athlete: WALGRAEVE AXELLE					Q-time: 99:99:99
PB (25m pool): no time					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		no time	
	no time				
					

Coach feedback:

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 28: 100M FREESTYLE WOMEN 11+					Heat:4, starttime: 16:39
Heat: 4/8 Lane : 3 Athlete: BOON MARGOT					Q-time: 01:18:95
PB (25m pool): 01:18.95 Eeklo 19/04/2026			PB (50m pool): 01:23.31 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:37.62		01:18.95	
	00:37.62		00:41.33		
					

Coach feedback:

Event number: 29: 100M FREESTYLE MEN 11+					Heat:5, starttime: 16:56
Heat: 5/8 Lane : 5 Athlete: VAN LOO MATHIAS					Q-time: 01:07:18
PB (25m pool): 01:07.30 Temse 21/12/2025			PB (50m pool): 01:07.18 SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.26		01:07.30	
	00:32.26		00:35.04		
					

Coach feedback:

Event number: 30: 50M BUTTERFLY WOMEN 11+					Heat:3, starttime: 17:05
Heat: 3/5 Lane : 4 Athlete: AKMAN REZZAN					Q-time: 00:42:72
PB (25m pool): 00:42.72 Eeklo 19/04/2026			PB (50m pool): 00:44.21 SB: no time		
	2 5 M	5 0 M			
PB		00:42.72			
	00:42.72				
					

Coach feedback:

Event number: 32: 100M MEDLEY WOMEN 11+					Heat:1, starttime: 17:14
Heat: 1/8 Lane : 1 Athlete: VAN LOO HANNAH					Q-time: 99:99:99
PB (25m pool): 01:34.92 Lokeren 29/09/2024			PB (50m pool): no time SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:34.92	
	no time				
					

Coach feedback:

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 32: 100M MEDLEY WOMEN 11+					Heat:4, starttime: 17:21
Heat: 4/8 Lane : 4 Athlete: VAN GHELUE RINSKE					Q-time: 01:18:18
PB (25m pool): 01:18.18 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:18.18	
	no time				
					

Coach feedback:

Event number: 33: 100M MEDLEY MEN 11+					Heat:1, starttime: 17:30
Heat: 1/6 Lane : 2 Athlete: DE VEERMAN ILAN					Q-time: 01:34:45
PB (25m pool): 01:34.45 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:34.45	
	no time				
					

Coach feedback:

Event number: 33: 100M MEDLEY MEN 11+					Heat:1, starttime: 17:30
Heat: 1/6 Lane : 5 Athlete: MILLET NOAH					Q-time: 01:35:09
PB (25m pool): 01:35.09 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:35.09	
	no time				
					

Coach feedback:

Event number: 33: 100M MEDLEY MEN 11+					Heat:2, starttime: 17:32
Heat: 2/6 Lane : 3 Athlete: VAN LOO MATHIAS					Q-time: 01:18:30
PB (25m pool): 01:18.30 Temse 21/12/2025					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.57		01:18.30	
	00:36.57		00:41.73		
					

Coach feedback:

Herstmeeting LZV: Session: 2: COACH evaluation sheet for TEAM: FIRST

Event number: 33: 100M MEDLEY MEN 11+					Heat:2, starttime: 17:32
Heat: 2/6 Lane : 6 Athlete: MATAIGNE MICHEL					Q-time: 01:29:54
PB (25m pool): 01:29.54 Zottegem 01/03/2026					PB (50m pool): no time SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		no time		01:29.54	
	no time				
					

Coach feedback: